Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	**South Miami K8 Center**
Principal:	**Chris Penedo**
Phone Number:	**305-667-8847**
School Wellness/Healthy School Team Leader:	**Isha Brown**
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	**Chris Penedo (Principal)** **Isha Brown (AP)** **Yanet Ramirez-Alvarez (Café Manager)** **Alice Aguililla (PE Teacher)** **Marlissa Rodriguez (Counselor)**
Committee Meeting Dates (list at least 4):	**11/4/26 (Faculty Meeting) 3/10/27 (Faculty Meeting)**
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☐Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition: Breakfast is promoted to students daily. South Miami K8 Center also provides healthy meals and snacks daily to all stakeholders through the cafeteria** **Physical Education: South Miami K8 Center uses Fitness gram Testing as well as engaging physical actives through our elementary and middle school classes.** **Physical Activity: Extra curriculum actives such as soccer, basketball, volleyball, and cheer** **Health and Nutrition Literacy: South Miami K8 Center brings awareness to the nutrition value of our school by students actively working in our school's Food Forest school garden with community partners monthly**

Sustainability Practices:	**Having the cafeteria manager share the menu daily with those healthy options.** **Sharing flyers about health fairs with our school community.** **Making sure parents know that the preventative checks (vision, BMI and dental) can be used as referrals for a specialist.**
Community Engagement:	**Community health fairs will be advertised through flyers and social media** **Work with community partners to provide physical and mental health activities for students**
Monitoring and Evaluation:	**Meeting sign in sheets when information is presented to stakeholders**
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	**Flyers are available for MDCPS health fairs via social media.**